

# VOACON

## PROGRESS IN MOTION

24th and 25th May 2023 at the Grand Hotel Leicester

The VOA's congress, organised by *The Veterinary Edge* in association with Nupsala



**PLATINUM SPONSOR**  **Animalcare**  
United Kingdom

**GOLD SPONSOR**  
 **tvm DogStem®**

This inaugural two-day Veterinary Osteoarthritis Congress brings together the foremost minds at the cutting-edge of osteoarthritis treatment and management and the companies pushing the developments in technology and treatment.

- Managing OA in general practice
- Chronic pain – multi-disciplinary approach
- Equine mobility and OA
- Feline OA
- Biomodulation v. regenerative – new perspectives on biologicals
- Rehabilitation in action
- Surgical techniques and post-surgical rehabilitation
- Managing working and sporting dogs with mobility problems
- Current controversies

Plus:

- Interactive multi-disciplinary case presentations
- New Horizons – short presentations of current cutting-edge research and new techniques

*Our great value delegate rates:*

**VOA members\***

- Veterinary surgeon: two days £250; one day £140
- Veterinary nurse/physio: two days £160; one day £90

*\*Join the VOA when you book to qualify for members' rates!*

**Non-members**

- Veterinary surgeon: two days £310; one day £170
- Veterinary nurse/physio: two days £210; one day £125

### What is the VOA?

The primary effort and purpose of the Veterinary Osteoarthritis Alliance is the creation of a platform to advance the management of osteoarthritis by developing theoretical and practical training opportunities, by providing access to the latest research, evidence and technologies and by the facilitation of a multi-professional collaboration to address and improve the results of disease management. With over 300 members in the UK, the alliance is growing month on month. It also offers non-veterinary memberships to animal physiotherapists and other related professionals.

**NB. NO ROOMS AT THE INN! – but if you book at the nearby Gresham Aparthotel ([www.thegreshamaparthotel.com](http://www.thegreshamaparthotel.com)) using the code MERCURE you will receive a 15% discount. There are other hotels less than a minute's walk from the venue, including the Premier Inn.**

## DAY ONE

### MAIN STREAM

#### Session 1: Managing OA

- How to effectively communicate with clients
- How to be sure it's OA – clinical assessment and differentials

#### Session 2: Managing OA

- A process for OA management planning *Sponsored by Animalcare*
- A practical approach to integrating physiotherapy into OA management

LUNCH

#### Session 3: Managing OA

- Educating the pet owners
- The key to successful OA management

#### Session 4: How to set up a mobility clinic – what are the foundations?

### STREAM TWO

#### Session 1: Dealing with chronic pain

- Understanding pain in chronic OA
- Managing chronic pain – medical options *Sponsored by Animalcare*

#### Session 2: Dealing with chronic pain

- The role of obesity and weight management in OA chronic pain

LUNCH

#### Session 3: Dealing with chronic pain

- Rehab strategies for chronic pain management
- Multimodal and multi-disciplinary care is the future of OA management. But how can we achieve this in practice?

#### Session 4: INTERACTIVE CASE

Multi-disciplinary case presentation

PANEL

### EQUINE

#### Session 1: Multidisciplinary management of OA

- Corrective farrier options in OA management. Latest developments
- Objective assessment tools in equine mobility assessment

#### Session 2: Multidisciplinary management of OA

- A physio perspective in equine rehabilitation

LUNCH

#### Session 3: OA treatment options

- Update on intra-articular injectables
- Laser therapy and Shockwave in OA Management

#### Session 4: Unusual presentations

OA in less common sites. How to recognise and manage

## DAY TWO

### MAIN STREAM

#### Session 1: Biomodulation in OA

- Using Intra-articular therapies in practice
- Stem cells: a new dawn. Reviewing the evidence *Sponsored by TVM*

#### Session 2: Working dogs

- Working with sporting and working dogs. Where do you start and what do you need to know?
- Managing specific injuries in sporting and working dogs

LUNCH

#### Session 3: Mobility clinic

- What cost-effective measurement tools are there for us to create objective data in our practices?

#### Session 4: Mobility clinic

- Using an OA management assistant programme in a mobility clinic – guide to success
- How can VOA help? Blue Paw and Practice Accreditation explained

### STREAM TWO

#### Session 1: Feline OA focus

- Feline OA – an update on its impact and owner perception
- Diagnosis and management options for feline OA

#### Session 2: Feline OA focus

- The role of the RVN as a feline OA ambassador

LUNCH

#### Session 3: New horizons

Short/commercial presentations

#### Session 4: Interactive session

- Multidisciplinary case presentation

PANEL

#### Main Hall

- How can VOA help? Blue Paw and Practice Accreditation explained

### STREAM THREE

#### Session 1: Rehab in action

- What evidence is there for the use of electrotherapies?
- How can clinical massage help? The evidence

#### Session 2: Rehab in action

- The role of hydrotherapy in the senior patient

LUNCH

#### Session 3: Surgery in OA

- Surgical options for OA joints
- Post-surgery rehabilitation: plans improve recovery post joint surgery

#### Session 4: Dietary supplements

- What role do nutraceuticals and dietary supplements play in OA management?

Main Hall

- How can VOA help? Blue Paw and Practice Accreditation explained

**To book or to register for programme updates, visit [vet-oa.com/voacon](http://vet-oa.com/voacon)**